

COFFEE

HOT	Sml/Med/Lrg
Espresso	3.5
Double espresso	4.5
Long black	4.5 / 5.5 / 6
Short/long macchiato	4/4.5
Flat white/latte	4.5 / 5.5 / 6
Cappuccino	4.5 / 5.5 / 6
Magic	4.5
Piccolo	4
Affogato	5
Hot chocolate	4.5 / 5.5 / 6
Chai latte	4.5 / 5.5 / 6
Dirty chai	5 / 6 / 6.5
Babycino	1.5
Turmeric latte	5/6/6.5

ICED	Sml/Lrg
Long black	5/6
Latte	5/6
Mocha	5/6
Chai	5/6

FRAPPE	9
Coffee	
Chocolate	
Chai	
Mocha	

MILKSHAKE	Sml/Med/Lrg
Vanilla	4/6/9
Chocolate	
Caramel	
Strawberry	
Add coffee	1

THICK SHAKE	9
Vanilla,	
Chocolate	
Caramel	
Strawberry	
Add coffee	1

TEA	4.5
English breakfast	
Lemongrass ginger	
Peppermint	
Honeydew green	
Chamomile	
Sticky chai	6.5

ALTERNATE MILK	.5
Coconut, almond, oat, soy, lactose free	

SMOOTHIES

9

PROTEIN GFO, DFO

Banana, peanut butter, dates, chia seeds, protein powder and your choice of milk.

MANGO GFO

Mango, yoghurt, coconut water and honey

STRAWBERRY GFO

Strawberry, banana, coconut water, yoghurt and honey

GREEN GFO, DFO

Banana, apple, spinach, coconut water and mango

BANANA GFO

Banana, yoghurt, honey, cinnamon, milk and ice

JUICES

9

TUTTI FRUTTI

Watermelon, orange, pineapple, apple and kiwifruit

FLU BUSTER

Orange, lemon, apple, carrot and ginger

MINT MAGIC

Pineapple, apple, ginger and mint

ZINGER

Carrot, apple, beetroot, celery, ginger and lemon

MAKE YOUR OWN

Apple, orange, watermelon, pineapple, celery, spinach, ginger, beetroot, lemon, carrot and mint

ALL DAY BREAKFAST & LUNCH

AVOCADO SMASH ^{GFO, V} 16

Avocado on artisan sourdough with tomato medley, danish feta & house made dukkah

EGGS YOUR WAY ^{GFO, DFO} 15

Poached, fried or scrambled on sourdough with a side of tomato chutney

EGGS ROYALE ^{GFO} 17

Choice of smoked salmon or crispy bacon on wilted spinach, artisan sourdough & garlic chive butter sauce

POACHED STRAWBERRY GRANOLA BOWL 14

With pecan, caramelised banana, berry compote & greek yoghurt

BRIOCHE FRENCH TOAST ^{VO GFO} 17

With sticky maple bacon, grilled mango & cinnamon chantilly cream

GOOD LIFE BREKKY BOARD 21

Eggs your way, smoked chorizo, thyme roasted cherry tomato, cheese potato rösti, crispy bacon & garlic truffle oil mushrooms

PARMESAN & MANCHEGO POTATO ROSTI STACK ^{VO} 20

With sesame crusted avocado, crispy bacon & poached eggs

SMOKED SALMON & DILL CREAM CHEESE BAGEL ^{VO} 15

With poached eggs, sautéed capers & avocado

GRILLED MUSHROOM HALOUMI BURGER ^{VO} 19

With garlic field mushroom, sesame crusted haloumi & pesto slaw on a brioche bun

SOUTHERN FRIED CHICKEN BURGER 20

With chipotle slaw on a brioche bun

FISH TACOS 21

Beer battered whiting fillet, crunchy chipotle slaw & mango chilli salsa verde

POKE HEALTH BOWL ^{VO, GF} 20

Smoked salmon or grilled chicken, brown rice, edamame beans, avocado, mushrooms & charred broccolini with miso soy dressing

BRUNCH BITES

FIG & RAISIN TOAST 7

With whipped butter

FRITTATA OF THE DAY 12

Served warm with summer salad and charred asparagus

CHIA PUDDING ^{DF} 9

With seasonal toppings

OVERNIGHT OATS 8

With seasonal toppings

HOT CHIPS side/small/large
Potato 4/7/13

ADD ONS

Bacon	4 for one
Egg	3
Mushrooms	4
Rosti	5
Grilled tomato	3
Avocado	3
Gluten free bread	1
Hollandaise sauce	.5

V Vegetarian | **VO** Vegetarian option | **GFO** Gluten free option | **DFO** Dairy free option

Whilst all reasonable efforts are taken to accommodate dietary needs, there are allergens present in the kitchen and we cannot guarantee that our food will be allergen free.